

Welcome to the MHS Last Chance Meet

We are pleased to be hosting this exceptional track meet. Enclosed you will find important information about the meet. **This will be a state-qualifying meet for Divisions I - V, and considered a NON-SCORING MEET.**

Meet Director: Camron Dozier, Head Coach, c.s.dozier@maranausd.org phone: 520-616-6400 ext. 5032, Fax (520) 616-6426.

Payment: The entry fee is: 1-5 athletes entered will be \$25.00 each, 6+ will be \$125 per gender.

All payments should be made to: **Marana Track & Field**. Payment is due prior to the start of the competition.

Please mail check to:

Marana High School
c/o Camron Dozier
12000 W Emigh Road
Tucson, AZ 85743

Entries: Each school will be allowed unlimited entries per individual event and **one (1) relay** teams per school.

Please enter athletes who have **a reasonable chance to meet the qualifying marks, or those who are trying to improve their standings**. Athletes that are already in the top rankings are welcome to complete and attempt to better their respective marks. The goal is to allow the athletes a final chance to qualify for the State Meet. Athletes that do not meet these criteria will be removed from the heat sheets prior to the competition in order to keep things running smoothly. Entries will be entered on **Athletic.net** and **MUST** be entered Thursday, **April 23, 2024** at **11:59PM**.

REGISTER on [Athletic.net](https://athletic.net) "Marana Last Chance Meet."

State Qualification:

The meet results will be posted on athletic.net and Maxpreps.

Events:

All track events will run as finals (heats against time), in multiple-sections as needed.

100, 200, 400 & hurdle events will start and finish in same lanes

Distance events will use a single or double waterfall start depending on the # of entries.

Track athletes must check in with the clerk of the course in the bull pen to pick up hip numbers.

Relays: all 4 athletes must report to the clerk at the designated check-in spot.

4 x400 relay will be a three turn stagger.

Four (4) attempts will be given in the horizontal jumps. Four (4) attempts will be given in the throws.

Throwers may bring their own shots and discs. Weigh in will take place from 12:15 PM to 12:45 PM, site to be determined.

Pole Vault verification cards must be signed and submitted prior to the start of the event. Pole Vault will increase in 6" increments. Coaches will be allowed in the coach's box for their athletes.

Official rules will follow NFHS rules. This includes Jewelry and Uniform rules. Electronic devices will not be allowed on or inside the track. This also applies for field events.

Coach's boxes will be provided for coaches at each field event.

Warm up area will be provided on the infield for athletes whose event has received a first call. Please make sure your athletes adhere to this policy.

Games committee will be announced at the coaches meeting.

MISC:

Concessions will be available.

There will be no awards given.

Trash bags will be provided for each team camp.

Results will be posted online – website given at coaches meeting.

Heat sheets will be emailed to each team.

An Athletic Trainer will be available on the infield, near the finish line.

TENTATIVE (Rolling) TIME SCHEDULE

- 12:15-12:45 – Implement Weigh-Ins, (site TBD)
- 12:30 – Coaches Meeting (behind the timing tent, North side of stadium, next to horizontal jump runways)

Field Events

- 1:00 Boys Javelin, Girls to follow
- 1:00 Girls Discus, Boys to follow
- 1:00 Long Jump Boys, Girls to follow
- 1:00 Triple jump Girls, Boys to Follow
- 1:00 Girls Pole Vault, Boys to Follow
- 1:00 Boys High Jump, Girls to Follow
- 1:30 Boys Shot, Girls to follow (30 min later start time to allow javelin flight 1 to finish)

- ***NOTE: Donkey Lines will be used and determined using the lowest provisional mark for all divisions.***

Running Events

- 3:30 PM – We will begin the running events at 3:30PM and use a rolling schedule with no scheduled breaks through completion of the 4x400m relay. Girls run first.
 - 3200m Relay
 - 100 HH / 110HH
 - 100m
 - 1600m
 - 400m Relay
 - 400m
 - 300 IH
 - 800m
 - 200m
 - 3200m
 - 1600m Relay

**** We will keep a rolling schedule. Please make sure your athletes listen to calls.**

April 25, 2024

Marana Last Chance Invitational
INVOICE

SCHOOL _____

Athletes _____ x \$25.00 = Total \$ _____
_____ Boys Team - \$125.00
_____ Girls Team - \$125.00
_____ Boys & Girls Team - \$250.00

Please make payments completed and sent to MHS by 6:00PM Monday, April 22, 2024.
Please communicate with the meet director if there is a problem in advance.

TOTAL PAID: \$ _____

Please make checks payable to:

Marana Track & Field

Mail checks with completed invoice to:

Marana High School
c/o Camron Dozier
12000 W Emigh Road
Tucson, AZ 85743